



WHOLE BODY CRYOTHERAPY

Sessions:

FIRST Session ONLY \$25.00 Freeze - 2 minute, with first time personal assessment.
 Single Session \$50.00 each session - 2-3 minutes -180 - -240 degrees F.

Packages:

Recovery Package-Freeze 5 package \$125.00 - 2-3 minutes - 180 - -240 degrees F. (2months)
 Recovery Package-Freeze 10 package \$200.00 - 2-3 minutes - 180 - -240 degrees F.(2months)
 Recovery Package-Freeze 12 package \$225.00 - 2 - 3 minutes -180 - -240 degrees F(4months)
 (recovery packages can be shared between yourself and 1 other person)

Owl Membership:

Monthly Auto Debit - Freeze 12 package \$185.00 - 2 -3 minutes -180 - -240 degrees F.

** Owl Memberships come with the free usage of NormaTec compression. Also, Aqua Massage is reduced to 0.75cents per minute.**
 (Membership can not be shared)

AQUA MASSAGE THERAPY

Single Massage: \$25.00 single 20 minute Aqua Massage
 \$30.00 single 30 minute Aqua Massage

Packages: (to expire within 6 months of purchase)(DISCOUNTED with CRYO Membership)

Massage 8 package \$149.00 - up to 30 min per massage
 Massage 15 package \$249.00 - up to 30 min. per massage

NORMATEC COMPRESSION RECOVERY SYSTEM

Single Sessions:

Single Session (30 minutes) \$15.00 per session
 Special - (60 minutes) \$25.00 Special

Packages: (FREE use with CRYO Membership)

Compression 5 package \$65.00 up to 30 minutes per session (2months)
 Compression 10 package \$99.00 up to 30 minutes per session (3months)

GIFT CARDS

NormaTec Compression	\$15.00	30 minute Compression
Cryotherapy OR Aqua Massage	\$25.00	First Freeze OR Aqua Massage
Cryotherapy & NormaTec / Aqua Massage	\$49.50	Freeze&Compress Freeze&Aqua M

** MILITARY, FIREFIGHTERS, POLICE & FIRST RESPONDERS
 DISCOUNT of 15% on membership for the 1st month!